

Starters

- 1 Fried squid rings in batter 7.50
- 2 Spring Rolls 5.95
- 3 Garlic mushrooms 6.25
- 4 Chicken wings in a BBQ sauce 6.95
- 5 Grilled Prawns with garlic bread 9.95
- 6 Garlic bread 4.50
- 7 Garlic bread with mozzarella 5.00
- 8 Mussels in a marinara sauce 8.95
- 9 Prawn tempura with dipping sauce 10.95



SALADS

- 10 Cheese Salad 8.50
- 11 Chicken Salad 9.95
- 12 Chicken Caesar salad 9.95
- 13 Tuna Salad 9.50
- 14 Prawn and Avocado Salad 13.95
- 15 Cheese & Pineapple Salad 8.95
- 16 Goat's Cheese Salad 10.95
- 17 Mozzarella & tomato 8.95
- 18 Garden salad with avocado, tomato, lettuce & onion 9.50
- 19 Greek salad with feta cheese & olives 8.75

Paellas

Paella is for a minimum of 2 people. Price is per person.

- 20 Mixed Paella 19.95
- 21 Seafood Paella 21.50



PIZZAS

- 22 Prosciutto 11.50
(tomato, cheese & ham)
- 23 Margarita 10.95
(tomato & cheese)
- 24 Tuna 11.50
(tomato, cheese, tuna & onion)
- 25 Chicken 11.95
(tomato, cheese, chicken & sweetcorn)
- 26 Tropical 11.95
(tomato, cheese, ham & pineapple)
- 27 Vegetarian 11.95
(tomato, cheese, green pepper, mushrooms & onion)
- 28 Italian 12.50
(tomato, cheese, bacon & chicken)
- 29 Frascatti 11.95
(tomato, cheese, mushrooms & ham)
- 30 Pepperoni 11.95
(tomato, cheese & pepperoni)
- 31 American Hot 12.95
(tomato, cheese, pepperoni, bacon, peppers & jalapeño pepper)

Meat

The following is served with a choice of chips, jacket, boiled potatoes or rice, and a selection of vegetables or mixed salad except*

- 32 Sirloin steak 21.50
- 33 Beefsteak 14.95
- 34 Grilled breast of chicken 11.95
(add pepper sauce to any of the above for just 2€)
- 35 ½ Country Roast Chicken 11.95
- 36 Pork Chops in a BBQ sauce 11.95
- 37 Lamb Chops with mint sauce 13.95
- 38 Kebabs 12.50
- 39 *Chicken curry with rice and chips 12.50
- 40 *BBQ Spare Ribs with chips or salad 12.95
- 41 *Mixed Grill 18.95
(pork chop, ½ beefsteak, chicken, sausage, egg & chips)

Fish

Served with a choice of chips, jacket, boiled potatoes or rice, and a selection of vegetables or mixed salad except*

- 42 Salmon 13.95
- 43 Grilled Swordfish 14.50
- 44 *Battered cod with chips & mushy peas 13.95
- 45 Grilled Tuna steak 13.95
- 46 Grilled monkfish 13.95
- 47 *Mixed Fish Grill with chips or salad 18.50
(tuna, swordfish, monkfish & prawns)
- 48 *Grilled squid with chorizo & fried onion in a basil sauce with chips or salad 13.95

JACKET POTATOES

- 49 Jacket Potato 5.95
Add ons: cheese (1.30), tuna & mayonnaise (2.50), cheese & baked beans (3.00), cheese & bacon (3.00)

Burgers

Add chips for an extra 2.50€

- 50 Plain Burger 6.25
- 51 Chicken Burger 6.75
With cheese (0.60), pineapple (0.60), egg (0.60), bacon (0.60)

Pasta & Snacks

52	Chips	4.25
53	Hot Dog & chips.....	6.25
54	Meat Lasagne & chips	9.50
55	Vegetarian Lasagne & chips.....	9.50
56	*Spaghetti Bolognese.....	10.50
57	*Spaghetti Carbonara	10.50
* Add garlic bread to your pasta for an extra 2.50€		
58	Spanish omelette with salad.....	9.25
59	Plain omelette with chips & salad.....	7.50
	With cheese (0.80), mushrooms (0.80), ham (0.80), ham + cheese (1.20), bacon (1.20), tuna (1.20)	
60	Chicken Nuggets with chips and beans.....	7.95
61	Sausage, egg, beans & chips.....	7.95
62	Nachos with guacamole, salsa, jalapeños and cheese.....	5.75

Sandwiches & Baguettes

	SAND	BAG
63	Tuna mayonnaise.....5.50	6.25
64	Ham	5.75
65	Cheese.....4.75	5.75
66	Ham & Cheese	6.25
67	Chicken	6.95
68	Bacon & egg	6.75
69	Sausage.....5.95	6.45
70	Chip butty	5.95
71	Bacon & Cheese.....5.95	6.75
72	Club sandwich	6.50
73	Vegetarian	5.75

* Add chips to any sandwich for just 2.50€

BREAKFAST

The following breakfasts are served from 9am -12pm
except THE FULL MONTY which is served until 2pm

74	Toast, butter & jams.....	2.95
75	Toast with eggs or bacon or sausage or beans....	4.75
76	Continental Breakfast	5.50
	(Pastry, toast, jams with tea or coffee)	
77	Vegetarian Breakfast	6.75
	(Egg, hash browns, mushrooms, beans, tomato, toast & tea or coffee)	
78	Breakfast Cereal (ask your waiter for choices).....	2.95
79	THE FULL MONTY.....	7.95
	2 eggs, 2 slices of Danish bacon, 2 sausages, baked beans, grilled tomato, toast. Tea or coffee	
80	LA BAHIA SPECIAL	6.50
	1 egg, Danish bacon, beans, sausage and toast. Tea or coffee	
	extra egg (1.50) bacon (1.50) beans (1.50) sausage (1.50)	

Children's menu 5.95€

81	Chicken Nuggets, chips & beans
82	Sausage, Beans & chips
83	Curry with rice or chips
84	Fish Fingers, chips & beans
85	Grilled Tuna, chips & beans
86	Chicken, chips & beans
87	Grilled swordfish, chips & beans
88	Beef Burger & chips
89	Hot Dog & chips
90	Spaghetti Bolognese
91	Pasta with tomato or bolognese sauce

Allergen Information: All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients - if you have a food allergy, please let us know before ordering.
There is a full list of ingredients available behind the bar.



LA BAHÍA
RESTAURANTE

